

# The Cinderella Fix

## My Princess Answer Sheet – Mini Course

**My Focus Area for Today is:** \_\_\_\_\_

**1. If you were to see improvement in this focus area, what would it do for you?**

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**2. How could you reframe the statement or area of focus, in a positive manner?**

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**3. What other actions could you take to move forward in this area?**

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**4. What progress did you make on your action steps?**

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**5. What did you learn?**

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**6. In what ways did these experiences benefit you?**

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**7. How can you use what you learned in other areas of your life?**

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**8. What was the one thing that stood out the most to you today?**

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